

The Cog Hauler

February 2007
&
March 2007

Newsletter of the Carolina Tarwheels, an organization of cyclists in the Durham/Chapel Hill Area

Annual Meeting & Elections



The January Club Meeting "THE ELECTION MEETING" was held at the Durham Golden Corral on Durham-Chapel Hill Blvd on Jan 16th. Elections for Officers and Board members for the coming year were held. The new board and officers are:

President: Mira Gloss
Secretary: Linda Charles
Treasurer: (re-elected) Ken Dietel

New board members:

Sharon Roggenbuck (re-elected for another term)
Cheryl Lytle
John Swartz
Alan Seiferheld

Other business was also conducted. One picture is Connie Winstead presenting Jeff Charles a certificate of appreciation for his efforts as club President the past two years. He also received a box of his favorite rest stop munchies: Snickers.



The other group picture is President Jeff presenting donations from the Tarwheels to: Lewis Days (\$1300) (in yellow), Bill Bussey, president of Triangle Rails to Trails Conservancy (\$1000), and Chris, Director of the ReCYCLERY (\$1500) (bearded).



Next Tarwheel's Meeting

Thur Mar 22 6PM at the Durham Golden Corral on Durham Chapel Hill Blvd (Bus 15/501) Come and learn everything you ever wanted to know about recumbents (bents) and tricycles (tris). They come in a number of varieties including tandem. We'll have samples of several. You will have an opportunity to ask these folks why they got them and why they love them so much. Golden Corral has a large buffet with ample choices for vegans and meat eaters alike at a reasonable price. Program should begin around 6:45. Questions? Call Sharon: day 493-5441 or eve 732-4866. Don't e-mail me unless there is plenty of time.

New Tarwheel Jersey is Here!

The new jerseys are in! I still have a good selection of the original design jerseys. Classic ones are \$55. New ones are \$60 each (our cost) I also still have the green socks and map clips at \$3.00 each. Jerseys and socks are always available at meetings or contact Sharon at: day 493-5441, eve 732-4866 or if you aren't in a hurry at sharonrogg@aol.com.
- Sharon Roggenback.

Join the Tarwheel's MS Team

Come join the Tarwheel MS team this year! We're a loose knit team but we do great. Registration is already open for the Sept 8th and 9th Eastern NC chapter MS ride from New Bern. New Bern really welcomes us and has done everything they can to insure more rooms for us. Camping right across the street from the Convention center is great! Our team raised over \$35,000 last year. \$36,000 would have made us a "Mission Possible" team. I hope we can reach that this year. You can register online and check out the new web site at

<http://www.nationalmssociety.org/nct/event/default.asp?g=6> . Route choices are 30, 75, or 100. A distance for everyone. Non cycling spouses or friends can volunteer and still be part of the team. Hope to see all of you on the team! If you know of others who might be interested just let me know. Sharon Roggenbuck

LAB Certification Course

The League of American Bicyclists' League Cycling Instructor certification seminar will be offered in Spartanburg, SC on March 23 – 25. LCI seminars are highly sought after and are not often offered in the Carolinas, so this is a great opportunity to become certified instructors. The course has a registration fees, but the money goes directly to pay the course instructors that the League hires. More info at <http://active-living.org/index.php?action=website-view&WebPageID=13033&WebSiteID=125> or email Jean Crow at jcrow@active-living.org .

Fun Cycling Christmas Video

It is not too late! Catch one last Christmas video with all the music of the Nutcracker Suite on bike parts! Passed along by Libby, from a former Tarwheeler, Kathy Lane, a site that may amuse and impress you...

<http://www.specialized.com/bc/microsite/holiday/index.html>

For Sale

Tarwheel Jerseys: A few old jerseys (vintage!) and lots of new jerseys (old design) are available! **Club Socks:** Cycling socks by DeFeet are here! S M L and XL @ \$6.00 a pair. The jerseys and socks are always available at the meetings or contact Sharon Roggenbuck: day 493-5441 or eve 732-4866 sharonrogg@aol.com

For Rent

New Member Benefit! Thule?Yakima Rack Bike Mounts. Do you own a Thule or Yakima rooftop bike rack system? Have you ever planned a great bike trip, and wished you had room for one more friend and their bike?

The Carolina Tarwheels Bicycle Club has solved your dilemma! The Club now has - for members only - two (2) Rocky Mount Lariat SL bike mounts (with locks) available for your use! This innovative product fits both Thule and Yakima systems, and installation is a breeze! Perfect for that special trip when you need an extra bike carrier or two!

You can reserve the Rocky Mount carrier by contacting Jeff Charles. As with our other equipment, the first 10 days are free, then \$1/day thereafter. A \$10 deposit is required.

Tarwheels Rentals - BOB Trailers & Bike Cases

One of the perks of Tarwheels' membership is the ability to borrow a BOB Trailer (tows large amounts of stuff behind a bicycle) or a bike case (we have 4). Members get 10 free days of use of either and then it's just \$1/day. A \$10 deposit is all that is required. Contact Jeff Charles (489-7753 or) to arrange your reservation in advance.

Contributing to the Coghauler

Due to an increase of spam to the coghauler at earthlink dot net email address, it is sometimes difficult to find all Coghauler contributions. To make this easier, please do the following:

Put "Coghauler newsletter" in the subject line
Send your contribution as either plain text, or as a MS Word attachment. Thanks! - *John Swartz*

Tarwheel Rides February & March 2007

All rides are weather permitting. If it is raining or the temperature is below 45 degrees, do not expect the ride leader to appear. If in doubt, call the ride leader. Call the ride leader if you need directions to the starting location.

Participants are considered to be on private excursion and thus must agree to hold harmless the ride leaders, the Carolina Tarwheels, Inc., and its officers and agents for injury or loss that might occur as a result of taking part in these rides.

Helmets are required for all Tarwheel rides.

All cyclists are invited to participate in these rides. Riders must understand, though, that these rides are over public streets and highways and, thus, involve ordinary risk of accidents.

Times listed are departure times. Arrive early and be ready to go at the scheduled departure time.

For general ride information: for Durham and Raleigh, call John Crill (490-0500); for Chapel Hill and Carrboro, call Libby Evans (942-4260) or Chuck Tharp (644-2410).

Ride Leader Guidelines:

- Prepare a map and/or cue sheet and scout the route before the ride.
- Arrive early to welcome riders, make introductions and brief participants on the details of the ride.
- **Make sure all riders are wearing helmets, and have signed an LAB liability release for that ride.** A release form is available from any of the Ride Coordinators, or from the www.tarwheels.org website.
- Ride at advertised pace.
- "Lead from the rear" or appoint someone to "ride sweep." Please don't allow anyone to get "dropped" by themselves.
- If an accident occurs with injuries, please contact the Insurance Coordinator (Wendy Roberts) to fill out an accident report.

Ride classifications: A 18+ mph; B 16-18 mph; C 13-15 mph; D 10-12 mph

Directions to Ride Start Locations

The ride descriptions will have these ride start locations highlighted.

Carrboro Plaza - on NC 54 at the western edge of Carrboro. From I-40 exit 273, follow NC 54 West.

Cedar Falls Park - In northern Chapel Hill: from I-40 exit 266, take NC 86 (Airport Rd) south 0.6 mile to light at top of hill, turn left onto Weaver Dairy Road, continue east 1.6 mile. Cedar Falls Park is on the right.

Chatham Marketplace. On US 15-501 in Pittsboro, midway between the new US 64 bypass and the circle in downtown Pittsboro. Look for the watertower with "Chatham Mills" written on it.

Churton Grove shopping center, Hillsborough - From I-40 or I-85 go north on HI 86 (Churton street) to downtown and turn right onto E. Tryon st. Turn left on St. Mary's Rd. Go 1 mile and at the light, turn left at HI70. Shopping center on right.

Cole Park Plaza. On US 15-501 about five miles south of Chapel Hill.

ELG Signpost A subdivision sign located on Chestnut Ridge Road, 1/2 mile west of the intersection with Borland Road. Park alongside the road. This is in western Orange County.

Efland-Cheeks Elementary School - from I-40/85, take exit #160 for Efland, head north into Efland. Turn left on

Forrest, which will then curve to the right. Turn left onto Rt. 70 and go about 1/2 mile. Turn right on Fuller, the school is directly ahead. Please park in a corner of the lot away from the school entrance.

Eubanks Road Park and Ride. From Exit 266 if I-40, go south on Airport Road (toward Chapel Hill). Turn right on Eubanks Road. Park and Ride will be on your right after about 1/2 mile.

Ford Road and Old Greensboro Road - Take the Jones Ferry Road exit from the NC 54 bypass around Chapel Hill. Turn left if you're coming from Durham/Raleigh, right if you're coming from the west. Go about 1 mile, then turn right onto Old Greensboro Road. Ford Road is ahead 4 miles, on the left. Park along the road. Please don't stop/stand in the road, the locals have complained to the sheriff!

Friday Center - The Friday Center is located on NC 54, between I-40 and Chapel Hill. From I-40, take exit 273 toward Chapel Hill. After approx. 2 miles, look for the Friday Center sign and turn left. After 1/4 mile, the Friday Center will be on your right.

Greenwood Commons - On NC 55, about 1 mile south of NC 54 in Durham. From I-40 Exit 278, turn toward Apex. Greenwood Commons is ahead 1 mile on right.

Hillsborough Superior Courthouse. In downtown Hillsborough at the corner of Churton and Margaret Streets. From I-85 Exit 164, or I-40 exit 261, turn north toward Hillsborough. Courthouse is on right, 1.2 miles

north of I-85. Park behind courthouse in parking lot off of Margaret Street.

Lake Crabtree County Park - Just off of Aviation Parkway exit of I-40 (exit 285). If coming from Durham or Chapel Hill, turn right at the end of the ramp. Lake Crabtree Park will be just ahead on the left.

Little River Elementary School. In Northern Durham off of Snow Hill Road. From Durham, take Roxboro Road north. Turn right on Old Oxford Road. Snow Hill Road branches left after another three miles.

Maple View Ice Cream Store - At the intersection of Dairyland Road and Rocky Ridge Road in Orange County. From Carrboro, take Old NC 86 (extension of Hillsborough Street) for about a mile outside of town. Turn left at the stoplight onto Dairyland Road. Ice cream store is 3.5 miles ahead on right, at the top of a hill. Park along Rocky Ridge Road across from the ice cream store. From Durham /Raleigh on I-40, take exit 263 (New Hope Church Rd), turn left. After 3.5 miles, and just before the road turns to gravel, turn left on Rocky Ridge Road. Ice cream store is at intersection with Dairyland Road.

McDougle Middle School in Carrboro. From Carrboro Plaza, take Old Fayetteville Road north (toward the right, if you're coming from Chapel Hill). McDougle School is on the right after about ¼ mile. Be careful not to continue to McDougle Elementary School, just beyond the Middle School. Most rides leave from the south parking lot, the one closest to NC 54.

Morrisville Square - just west of the intersection of Church Street and Morrisville-Carpenter Road. From I-40 exit 285 turn right onto Aviation Parkway. Go a few miles, the Square is on the left about ½ mile after crossing the railroad tracks.

Orange County Superior Courthouse on Margaret St in Hillsborough. From I-40 Exit 261 and I-85 Exit 164, turn toward Hillsborough. At the edge of the downtown area, immediately after crossing over the Eno River, turn right on Margaret Street at the next traffic light. Then turn right into the large parking lot on the right.

Research Triangle Institute: Take the Durham Expressway (Rt. 147) to the Cornwallis Rd exit. Go SouthEast on Cornwallis Rd (should be a left turn regardless of your direction on the Freeway) towards the IBM entrance, to RTI parking lot at W. Institute Drive, which is the first right.

Stoneridge Swim & Racquet Club Located at 6901 Turkey Farm Road, Chapel Hill. Turkey Farm Road is off Whitfield Road, about one mile east of NC 86, near I-40.

From points east, take Exit 266 off I-40, go north on NC 86 for about 100 feet, turn right on Whitfield. Go almost one mile, take the second paved left onto Turkey Farm Rd. Go about .3 mile to parking lot on left.

Tarwheel Alley. From Exit 263 on I-40, turn right (if coming from Durham/Raleigh, left if coming from Hillsborough/Burlington). Take next right onto New Hope Trace Road. Park along road (but please do not block entrance to church.)

Umstead City Park in Chapel Hill is on Umstead Drive between Airport Road (Hwy 86) and Estes Drive Extension. This is a bit confusing since Estes Drive Extension, itself, intersects Airport Rd further north. The three roads form a "triangle" with Umstead Drive being the southern edge.

Union Grove Church (aka Union Grove United Methodist Church) is located on Union Grove Church Road. From Carrboro, take Hillsborough Street/Old NC 86 to Dairyland Road, turn left. Then after half a mile, turn right on Union Grove Church Road. The church is ahead three miles on the left. From Durham/Raleigh, take I-40 to exit 263, then turn left on New Hope Church Road. After 3 miles, turn left on Union Grove Church Road. Church is just ahead on the right.

Wilson Park in Carrboro - Wilson Park is located on Williams Street, just off of N. Greensboro Street in Carrboro. To get there: Take NC 54 bypass around Chapel Hill/Carrboro, then take the Merritt Mill/Smith Level Road exit. If coming from Raleigh or Durham, turn left on Merritt Mill then go right (north) on Greensboro Street towards Carrboro. Go through 3 stoplights, and turn right on Williams Street (the first right turn after the 3rd light at Estes Drive Extension). If coming from the west, turn left on Smith Level Road/Greensboro St. Go through 4 stoplights, and turn right on Williams Street.

Ride Listings

Standing Rides

Tuesdays

A, Late Afternoon, 25 - 35 miles. Ride starts at Arcadia Cohousing in Carrboro. Details, dates, start location and last minute information about this ride can be found at www.ArcadiaCyclingCenter.com. This ride is for experienced cyclists who would like to ride in a pace-line format. A weekly ride update is sent out on the tarwheels-chat@tarwheels.org chat list and to members of the super-secret mailing list. You can request to be added or deleted from the "secret" list by contacting jtetrazini@gmail.com.

Wednesdays

A, B, C, 40 miles. 11:00 a.m. Join us for "The Wednesday Ride" at **Union Grove Church** and enjoy the camaraderie of a small group. Three distinct groups. Alan Schumacher leads the A-team, Alan Sieferheld leads the B group, and the C group. Different routes with Destinations rotating between Hillsborough, Efland, Saxapahaw and White Cross with usually one planned stop. Mileage may vary slightly depending on the group and the weather. Contact Ride leader Alan Schumacher solo@mebtel.net If you have any questions or want to be added to the ride email weekly updates.

Saturdays

B+ and A, Morning, 25 - 70 miles (seasonal). Ride starts at Wilson Park in Carrboro. Details, start time, location and last minute information about this ride can be found at www.ArcadiaCyclingCenter.com. This ride is for experienced cyclists who would like to ride in a pace-line format. There will usually be a ride leader who will support the B+ group which maintains an 18-19 mph average. To find out more about pace-lines, read www.tarwheels.org/pacelinev92.pdf. A weekly ride update is sent out on the tarwheels-chat@tarwheels.org chat list and to members of the super-secret mailing list. You can request to be added or deleted from the "secret" list by contacting jtetrazini@gmail.com. Please join us at Weaver Street Market for lunch after the ride.

C, 10:00 a.m., 40 miles. Ride starts from **Maple View Ice Cream Store** on Dairyland Road. Rest Stop in Saxapahaw. Note that this ride does not have a leader; all participants are expected to bring cue sheets and navigate the route themselves (or hook up with someone who does). The cue sheet is posted on the Tarwheels web site at http://www.tarwheels.org/favorite_rides/SatStanding.html. Chuck Tharp (260-8037, ncveloman@nc.rr.com). (Always remember: if you want to bring a bunch of cue sheets, you can preempt the default route with one of your own.)

Sundays

11:00 a.m Training ride , Pace will vary and mileage varies between 35-40 miles. Rides start in December and go though last Sunday in March. I'm gonna try something a bit different this year. To start, we will be doing coffee shop rides at a slower off season pace. Then, we'll transition into more tempo rides. Finally, the pace picks up to an A pace with lots of sprinting/climbing/hill repeats. Start Location will be at the Churton Grove Food Lion, at the corner of HI 70 and St. Mary's road in Hillsborough. The ride has no guaranteed leader and no planned stops and will not be swept by ride leader. Cue sheets are available for the normal fee. As always, weather & spouse permitting. Contact Ride dictator Alan Schumacher

[<solo@mebtel.net>](mailto:solo@mebtel.net) to be added to the Email list or info on up coming ride.

Scheduled Rides

Saturday, February 3

B/C, 10:30 a.m., about 35 miles. Meet Marie Iannone (942-0257, marie.a.iannone@gsk.com) at **Tarwheel Alley** to ride around Orange County. The back of the ride should expect to average about 15 mph.

Saturday, February 10

C, 10:00 a.m., 32 miles. (13-15mph) **McDougle Middle School** in Carrboro. Park in the lot closest to the track off of Old Fayetteville Rd. All paces welcome but, as usual I'll lead from the rear. There aren't any convenience stores on this route so come prepared. There are enough hills to keep you warm. Questions? Call Sharon: day 493-5441 or eve 732-4866. Don't e-mail me unless there is plenty of time.

C, 9:00 a.m., 30 miles. Start: Big Ed's at City Market, downtown Raleigh. Description: "We ride for Coffee!". Come early if you want Big Ed's breakfast. We'll do a leisurely brunch at the Mill in Clayton (<http://www.thecoffeemill.com/>) and head back to City Market. Cue sheet: http://cycling.ahands.org/citymkt_clayton.html

Sunday, February 11

C, 9:30 a.m. 13-15mph. 20 miles. Celebrate Thomas Alva Edison's 160th birthday with a ride around the park (RTP that is) starting from **Greenwood Commons**. If the temperature is below freezing, stay in bed. Ken (405-2003).

Saturday, February 17

D, 1:00 p.m., 25 miles. Meet at **Ford Rd.** for a 25-mile ride to Saxapahaw. Carol Porter (929-3506, carol_porter@unc.edu).

Sunday, February 25

B/C 10:00 a.m., 30 miles. Join Evan Wynmor (967-0288, ecwynmor@earthlink.net) at **Umstead Park in Chapel Hill** for my "Sunday Brunch Ride." We'll ride the usual fast downhills and slow uphill. The rest stop (Brunch) will be at Weaver Street Market with an easy 2 miles back to Umstead Park.

Saturday, March 3

C, 10:00 a.m., 40 miles. (13-15mph) Hillsborough to Mebane Start at the parking lot behind the **Courthouse in Hillsborough**. We'll ride to Mebane and have lunch at

Martinho's Restaurant or a snack nearby. All paces welcome. As usual I'll lead from the rear. Questions? Call Sharon: day 493-5441 or eve 732-4866. Don't e-mail me unless there is plenty of time.

C, 10:30 a.m., 34 miles. Meet Libby Evans (942-4260, evans@unc.edu) at Ford Road to ride to Pittsboro for lunch at the General Store Cafe. The back of the ride should expect to average about 13 mph.

Saturday, March 10

Novice/New Member, 1:00 p.m. Meet at [Wilson Park](#) in Carrboro for a ride of about 14 miles (around 1-1/2 hours) in the countryside. Optional un-led 21-mile route also available. There may be some moderately busy roads to navigate getting in and out of town, and the route is moderately hilly. Please plan to come on this ride if you are already somewhat fit and can negotiate traffic. No one will be dropped. Make sure your tires are inflated, your helmet fits properly, and that your water bottle is full. Call first if you plan to bring children--note that this ride is not recommended for younger or inexperienced children. Leader: Maureen Kurtz (933-8417; m_kurtz@bellsouth.net).

C, 9:00 a.m., 30 miles. Start: Big Ed's at City Market, downtown Raleigh Description: "We ride for Coffee!". Come early if you want Big Ed's breakfast. We'll do a leisurely brunch at the Mill in Clayton (<http://www.thecoffeemill.com/>) and head back to City Market. Cue sheet: http://cycling.ahands.org/citymkt_clayton.html

Sunday, March 11

C, 12:00 noon, 40 miles. Rain date Sunday, March 18. Start daylight savings time with a 14-15.5 mph C ride starting at the boat ramp by Bell's Baptist Church on Farrington Road (between Martha's Chapel and 64). RSVP is necessary to stayrose@mindspring.com

Saturday, March 24

Novice/New Member, 1:00 p.m. Meet at [Wilson Park](#) in Carrboro for a ride of about 14 miles (around 1-1/2 hours) in the countryside. Optional un-led 21-mile route also available. There may be some moderately busy roads to navigate getting in and out of town, and the route is moderately hilly. Please plan to come on this ride if you are already somewhat fit and can negotiate traffic. No one will be dropped. Make sure your tires are inflated, your helmet fits properly, and that your water bottle is full. Call first if you plan to bring children--note that this ride is not recommended for younger or inexperienced children. Leader: Maureen Kurtz (933-8417; m_kurtz@bellsouth.net).

Sunday, March 25

B/C 10:00 a.m., 30 miles. Join Evan Wynmor (967-0288, ecwynmor@earthlink.net) at **Umstead Park in Chapel Hill** for my "Sunday Brunch Ride." We'll ride the usual fast downhill and slow uphill. The rest stop (Brunch) will be at Weaver Street Market with an easy 2 miles back to Umstead Park.

Saturday, March 31

D, 10:00 a.m., 20 miles. Meet at **Maple View** for a 20-mile ride. Carol Porter (929-3506, carol_porter@unc.edu).
C, 10:00 a.m., 43 miles. Libby Evans (942-4260, evans@unc.edu) will once again lead you out to Ye Country Kitchen in Snow Camp for their inexpensive and expansive buffet. Meet her at **Ford Road**. The back of the ride should expect to average 13 mph.

Other Rides

February 11 in Gold Hill, various distances. Charity ride organized by www.bicycleinn.com/The_rides.htm .

Registration is now open for the Spring Cycle North Carolina road bike ride, April 13 - 15 in Edenton, NC. Go to the Cycle North Carolina web site for more information.

CAROLINA TARWHEELS MEMBERSHIP APPLICATION

AND LEAGUE OF AMERICAN BICYCLISTS (LAB) RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in Carolina Tarwheels sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("risks"); these Risks and dangers may be caused by my own action, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered on of the "Releasees" herein) From all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the

greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Mail application with payment to:

**Carolina Tarwheels
PO Box 111
Durham NC 27702**

I would like my contact information included in the Tarwheels annual membership directory. () Yes () No

Participant's Signature Date
(Signature of Parent or Guardian, if participant is under 18)

Name (Please print)

Address

Apt/PO Box #

City

State Zip

Phone (H): (_____) _____

(W): (_____) _____

E-mail Address

Type of membership:
() Individual \$15 () New
() Family \$15 () Renewal

Are you a LAB Member?: () Yes () No
I am interested in contributing to club activities:
() Leading group rides
() Helping with BikeFest
() Contributing to Cog Hauler newsletter
() Serving as Club Board Member
() Serving as Club Officer

I would like to receive the Cog Hauler newsletter electronically instead of by postal mail. () Yes () No

Carolina Tarwheels Officers & Volunteers

Board Members 2006

Mira Gloss, president
Linda Charles, secretary
Ken Diemel, treasurer kdiemel AT mindspring.com
Candy Davies candy_davies AT unc.edu
Cheryl Lytle
Sharon Roggenbuck sharonrogg AT aol.com
Alan Seiferheld
John Swartz johnswartz AT earthlink.net
Julie Tenney tenne001 AT mc.duke.edu
Chuck Tharp chucktharp AT bellsouth.net
Connie Winstead cwinstead AT nc.rr.com

Membership

Richard Crandall, crandallrw AT yahoo.com

Publicity

Help, Help, Help! We are without a publicity chair. Please contact the board members if you can help!

Insurance Coordinator & Ride Waiver Collector

Wendy Roberts, athenarides AT hotmail.com

BikeFest Directors for 2007

Connie Winstead, Alan Schumacher, & Jeff Charles

Ride Coordinators

Chuck Tharp 644-2410 ncveloman AT nc.rr.com Chapel Hill/
Carrboro/ Hillsborough

Maureen Kurtz 933-8417 m_kurtz @ bellsouth.net New
Member/ Beginner

Web Site

Dave Doty dbd010352 AT yahoo.com
Charles Scharlau cscharlau AT earthlink.net

Newsletter Production

John Swartz – coghauler at earthlink.net

Newsletter Distribution

Valinda Jordan, Valindaj003 AT aol.com

Newsletter Deadline: Mar 22, 2007

Email submissions to:

John Swartz: johnswartz AT earthlink.net

or

Coghauler AT earthlink.net (Put "Coghauler" in Subject line)
PO Box 111, Durham, NC 27702, Attn: Newslette



P.O. Box 111

Durham, NC 27702

