

# The Cog Hauler

December 2005

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January 2006

*Newsletter of the Carolina Tarwheels, an organization of cyclists in the Durham/Chapel Hill Area*

## Letter from the President

As the holiday season approaches, it also marks an end to my Presidency and this will be my last letter to the Membership. During the year I have tried to highlight some of the wonderful volunteers in our Club and the types of activities that they are involved in. A Club our size needs about 20 or so dedicated volunteers (exclusive of Bikefest activities) to make it function and I ask that you consider becoming one of them. Our elections are coming up in January and we are seeking candidates for President, Secretary, Treasury and Board Members. Libby Evans has graciously volunteered to again lead the search for candidates. Please contact her at [uevans@email.unc.edu](mailto:uevans@email.unc.edu) if you have any interest.

While I am leaving the Board of Directors after 3 years of service, I will still be involved with the Club as Bikefest Director for 2006. We are still looking for someone to serve as Bikefest Director-In-Training to assist Bryan Davis and me in the coming year. Please let me know if you have any interest ([jmc51@ix.netcom.com](mailto:jmc51@ix.netcom.com)).

After much deliberation, the Board of Directors has decided on how to donate \$7,500 this year. This represents the proceeds from Bikefest 2006 and unrealized extra monies from Bikefest 2005. We are arranging through local charities to donate \$2,500 to purchase bicycles and helmets for disadvantaged youths in the Durham-Chapel Hill area. Hillsborough River Walk will be receiving \$2,000. We will be purchasing either one or two bicycle racks for local business (\$1,600) and we will be arranging for the installation of a Porta-Potty for 1 year at the Wilsonville Rest Stop (\$800), a popular stop in the RTP. Finally, as we have done in the past, we are setting aside money (\$600) to support local Bike Rodeos in 2006.

As I reflect on the activities of the past year, I'd like to thank the Board Members and other volunteers for their time and effort. Many good ideas surfaced this year but were difficult to get started. Therefore, I would ask the incoming Board that will be seated for 2006 to consider the possibility of changing the bylaws of the Club to extend the President's term to two years instead of the current one year to allow for more continuity. Additional time is needed to implement ideas and to impart stability to the Board.

I have enjoyed my tenure as President and I hope to see everyone at Bikefest 2006 and on Club rides. – *Jeff Charles*

## Membership List? or Renewal?

This issue contains either the Membership List, or a renewal form. Membership lists are sent to all members who have paid their dues. Renewal forms go to those who must renew and commercial addresses. Renew now and come vote in the club elections in January! Send questions to the membership coordinator.

## Tarwheels' Jerseys Arrived

Good News! The latest batch of jerseys has just arrived. I now have an assortment of sizes. Wouldn't a new jersey make a great Christmas gift for a friend, spouse or yourself? They sell for \$55. plus \$2. if you want me to mail it to you. Make check out to Carolina Tarwheels and mail to our Treasurer Ken Dietel 11 Drakesway Ct. Durham, NC 27713. As soon as he has the check I will mail it out to you or make arrangements for getting it to you. I prefer that you call me, day 493-5441 or eve 732-4866. E-mail me only if you aren't in a hurry. Sharon Roggenbuck.

## Athletic clothing needed

There is an organization that is trying to provide athletic clothing and equipment to developing nations to encourage them to become athletes. They are looking for new for very gently used athletic clothing and equipment. I have sent three boxes of tee shirts, many of them my own but also a number of Bikefest shirts left from previous years. Who knows where our Tarwheel Bikefest shirts might end up. If you have articles that you think they could use contact Valerie Ellsworth Gattis at 252-885-6836 or contact me, Sharon Roggenbuck 732-4866.

## Club Elections – Wed. Jan 18

Wed. Jan 18th at 6PM at the **new Golden Corral in Durham** (where South Square Mall used to be) on Durham-Chapel Hill Blvd. (Bus. 15/501) This is our annual election meeting where we elect the Officers and Board members for the next year. As an enticement to attend this important meeting we have always offered a **\$5.00 rebate on your dinner** for each paid member (only one per family membership). This year we are also offering a **free map clip** from Bikefest. These were very popular. Come join your fellow Tarwheelers for a chance to eat, socialize, and vote. Questions? Call Sharon: day 493-5441 or eve 732-4866

## Reporting Potholes

A colleague on campus mentioned the other day that she's vigilant about contacting the DOT to fix potholes she sees. Since potholes can be a major issue for cyclists (and we see them up close and personal :-)), I thought some of you might like to know how to report them. I haven't tried this myself, but it looks simple. Point your Web browser to this address:

<http://www.ncdot.org/contact/>

Select "Your Local D.O.T. Representative."

Select the county in which the problem (pothole or other) is located from the drop down menu. Either call or send a mail message to one of the local representatives listed. For example, Orange County has three people listed as local reps.  
*Libby Evans*

## New Jersey Design Input Wanted

Would you like to be a bike jersey designer? If you would be interested in participating in a contest to help design a new tarwheels jersey, please email Evan Wynmor at:

[ecwynmor@earthlink.net](mailto:ecwynmor@earthlink.net)

## Durham Bike Plan Study

On November 16, Durham City and County began collaboration on a countywide Comprehensive Bicycle Plan. The two local governments have acquired local and federal funding to hire Durham-based bike/ped consultants, Greenways Incorporated, to complete the bicycle planning study. Over the next nine months, city and county staff will work with Greenways, Inc. and Durham citizens to complete the Comprehensive Bicycle Plan. The Plan will **identify key bicycle routes, recommend policies and programs** that encourage bicycle transportation, prioritize bike-related projects and suggest an implementation/funding strategy. Several public meetings will be held in January, to glean public input and feedback into the process. For meeting announcements and updates on the Plan, visit [www.bikewalkdurham.org](http://www.bikewalkdurham.org). If you have questions or comments related to the plan, please contact Alison Carpenter at 560-4366, [alison.carpenter@durhamnc.gov](mailto:alison.carpenter@durhamnc.gov).

I attended the kick off meeting. At the meeting Greenways reps talked about the recently completed bike plan for Winston-Salem. They said that input from the bike clubs up there was really helpful. I would encourage all Tarwheels to attend at least one of the public forums that will be held in the future. Also, I would suggest the Tarwheels Board consider appointing a committee to follow the progress of the plan and make official suggestions for the club.

Once the plan is adopted, Durham will be in line for federal and state money for bike improvements. These improvements will be based on the plan. The plan will continue to control Durham's bike planning for probably 5 years until a review of the plan. By that time a lot of facilities will be in place or

approved for funding. Therefore it is essential that we get in on the ground floor. *Bo Glenn*

## Stagecoach Road is Open!!!

Cyclists who want to get out to Jordan Lake, will find that Stagecoach Road between Farrington Road and N.C. 751 is now passable (possibly completely open by the time you read this). This is a good road to get to Jordan Lake and off 751.

## How to contribute to Coghauler

Due to an increase of spam to the coghauler at earthlink dot net email address, it is sometimes difficult to find all Coghauler contributions. To make this easier, please do the following:

Put "Coghauler newsletter" in the subject line

Send your contribution as either plain text, or as a MS Word attachment. Thanks! - *John Swartz*

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## For Sale

**Tarwheel Jerseys:** A few old jerseys (vintage!) and lots of new jerseys are in! **Club Socks:** Cycling socks by DeFeet are here! S M L and XL @ \$6.00 a pair. The jerseys and socks are always available at the meetings or contact Sharon Roggenbuck: day 493-5441 or eve 732-4866  
[sharonrogg@aol.com](mailto:sharonrogg@aol.com)

## For Rent

**New Member Benefit! Thule?Yakima Rack Bike Mounts.** Do you own a Thule or Yakima rooftop bike rack system? Have you ever planned a great bike trip, and wished you had room for one more friend and their bike?

The Carolina Tarwheels Bicycle Club has solved your dilemma! The Club now has - for members only - two (2) Rocky Mount Lariat SL bike mounts (with locks) available for your use! This innovative product fits both Thule and Yakima systems, and installation is a breeze! Perfect for that special trip when you need an extra bike carrier or two!

You can reserve the Rocky Mount carrier by contacting Jeff Charles. As with our other equipment, the first 10 days are free, then \$1/day thereafter. A \$10 deposit is required.

## Tarwheels Rentals - BOB Trailers & Bike Cases

One of the perks of Tarwheels' membership is the ability to borrow a BOB Trailer (tows large amounts of stuff behind a bicycle) or a bike case (we have 4). Members get 10 free days of use of either and then it's just \$1/day. A \$10 deposit is all that is required. Contact Jeff Charles (489-7753 or [jmc51@ix.netcom.com](mailto:jmc51@ix.netcom.com)) to arrange your reservation in advance.

### *Equipment Rental*

The club owns four hard shell travel cases suitable for airline travel or UPS and two BOB trailers. Members can rent the equipment for a nominal fee.

### *Bike Shop Discounts*

A number of local bike shops in Durham, Chapel Hill, Carrboro, Cary and Raleigh offer discounts to members.

## **Tarwheels Activities for Members and Non-Members**

### *Bi-Monthly Club Meetings*

Club meetings are held every two months in various local restaurants. Club business is conducted, and many times an invited speaker makes a presentation on a cycling topic. The meetings are an excellent time for new and old members to get to know each other. Non-members sometimes attend meetings to learn more about club activities.

### *Group Rides*

A list of rides offered by the club and led by club members is published in *The Cog Hauler*. Guests may participate in any club ride. All riders must sign a liability waiver for each ride, and helmets are required. Many rides feature a special theme such as lunch at a local restaurant, a combination of biking and canoeing or biking and dancing, or chocolate chip cookies.

Although most of our club rides are road rides, the club also offers off-road rides for mountain bike enthusiasts.

Club members sometimes offer group trips to remote sites for biking. The Blue Ridge Parkway is a popular weekend destination, usually combined with a stay in the youth hostel in Galax, VA.

The club also offers rides specifically designed to attract new members and beginning cyclists. These rides are short (8 to 20 miles) and slow-paced (10-12 miles per hour) with frequent stops for riders to regroup. If you haven't been on a bike in a while, and want a gentle reintroduction to the pleasures of being on the road, be sure to look for the beginner/new member rides!

## **Tarwheels Special Events**

### *BikeFest*

The club sponsors an annual event that attracts cyclists from all over the Southeast and from other areas of the country. BikeFest, also known as the Rural Heritage Tour, takes place on the second Saturday of August. Rides in the past have included routes through the local countryside from 20 to 125 miles. In addition, a short (8-10 mile) tour of historic Hillsborough, NC is offered for families or other riders who want to know more about our North Carolina heritage.

### *Other Events*

Many of us ride in events in other states such as the Register's Annual Great Bike Ride Across Iowa (RAGBRAI), the Seagull Century in Maryland, Bike Virginia, Bike Ride Across Georgia (BRAG) and Cycle North Carolina (CNC).

### *Web Site*

To access the club's web site, point your browser to <http://www.tarwheels.org>. The site includes the current ride list, a membership application, notices of special events, club photos and stories, and links to other bicycling web sites.

### *Memberships in Other Organizations*

The Carolina Tarwheels club is affiliated with the League of American Bicyclists (LAB) and Hostelling International-USA (HI-USA). LAB supports local and national cycling-related legislation, and our club HI-USA membership can be used by members planning club rides with hostel lodging.

### *How to Join*

The annual cost of a membership is \$15 for individuals or families. Checks should be made out to the Carolina Tarwheels and mailed to P.O. Box 111, Durham, NC 27702. **You must sign and include the liability release on the back page of this brochure.**

## **Tarwheels Contacts**

For more information, send e-mail to [info@tarwheels.org](mailto:info@tarwheels.org). You can also write to the Carolina

Tarwheels at P.O. Box 111, Durham, NC 27702.

## **About the Carolina Tarwheels**

### *Who Are We?*

Our incorporated, not-for-profit club has members of all ages with a variety of backgrounds from Chapel Hill, Carrboro, Durham, Raleigh, and surrounding communities. On most weekends the Tarwheels feature at least two organized group rides which leave from locations around the Triangle area and vary in distance (from 8 to 100 miles) and pace (from 10 to 18 or more miles per hour). The rides are a great way to meet other cyclists and to learn new places to ride. We are commuters, long distance tourists, mountain bikers, and recreational road cyclists.

We welcome anyone who enjoys time spent on a bicycle!

## **Tarwheels Membership Benefits**

### *Newsletter*

Our newsletter, *The Cog Hauler*, is mailed to all members every two months. It includes a list of club rides, articles from members, rides sponsored by other organizations that might be of interest, and other news items. The Cog Hauler is also available electronically on the club's web site (*eCog Hauler*).

### *Electronic Mailing List*

The [Tarwheel@tarwheels.org](mailto:Tarwheel@tarwheels.org) electronic mailing list is used by members to announce pickup rides, local meetings of interest to cycling advocates, requests to buy or sell cycling-related equipment, and other items. This mailing list is moderated.





# Rides and Events December 2005 & January 2006

All rides are weather permitting. If it is raining or the temperature is below 45 degrees, do not expect the ride leader to appear. If in doubt, call the ride leader. Call the ride leader if you need directions to the starting location.

**Participants are considered to be on private excursion and thus must agree to hold harmless the ride leaders, the Carolina Tarwheels, Inc., and its officers and agents for injury or loss that might occur as a result of taking part in these rides. Helmets are required for all Tarwheel rides.**

All cyclists are invited to participate in these rides. Riders must understand, though, that these rides are over public streets and highways and, thus, involve ordinary risk of accidents.

Times listed are departure times. Arrive early and be ready to go at the scheduled departure time.

For general ride information: for Durham and Raleigh, call John Crill (490-0500); for Chapel Hill and Carrboro, call Libby Evans (942-4260) or Chuck Tharp (644-2410).

## Ride Leader Guidelines:

- Prepare a map and/or cue sheet and scout the route before the ride.
- Arrive early to welcome riders, make introductions and brief participants on the details of the ride.
- **Make sure all riders are wearing helmets, and have signed an LAB liability release for that ride.** A release form is available from any of the Ride Coordinators, or from the [www.tarwheels.org](http://www.tarwheels.org) website.
- Ride at advertised pace.
- "Lead from the rear" or appoint someone to "ride sweep." Please don't allow anyone to get "dropped" by themselves.
- If an accident occurs with injuries, please contact the Insurance Coordinator (Wendy Roberts) to fill out an accident report.

Ride classifications: **A** 18+ mph; **B** 16-18 mph; **C** 13-15 mph; **D** 10-12 mph

## Directions to Ride Start Locations

The ride descriptions will have these ride start locations highlighted.

**Carrboro Plaza** - on NC 54 at the western edge of Carrboro. From I-40 exit 273, follow NC 54 West.

**Cedar Falls Park** - In northern Chapel Hill: from I-40 exit 266, take NC 86 (Airport Rd) south 0.6 mile to light at top of hill, turn left onto Weaver Dairy Road, continue east 1.6 mile. Cedar Falls Park is on the right.

**Cole Park Plaza.** On US 15-501 about five miles south of Chapel Hill.

**ELG Signpost** A subdivision sign located on Chestnut Ridge Road, 1/2 mile west of the intersection with Borland Road. Park alongside the road. This is in western Orange County.

**Efland-Cheeks Elementary School** - from I-40/85, take exit #160 for Efland, head north into Efland. Turn left on Forrest, which will then curve to the right. Turn left onto Rt. 70 and go about 1/2 mile. Turn right on Fuller, the school is directly ahead. Please park in a corner of the lot away from the school entrance.

**Eubanks Road Park and Ride.** From Exit 266 if I-40, go south on Airport Road (toward Chapel Hill). Turn right on Eubanks Road. Park and Ride will be on your right after about 1/2 mile.

**Ford Road and Old Greensboro Road** - Take the Jones Ferry Road exit from the NC 54 bypass around Chapel Hill. Turn left if you're coming from Durham/Raleigh, right if you're coming from the west. Go about 1 mile, then turn right onto Old Greensboro Road. Ford Road is ahead 4 miles, on the left. Park along the road. Please don't stop/stand in the road, the locals have complained to the sheriff!

**Friday Center** - The Friday Center is located on NC 54, between I-40 and Chapel Hill. From I-40, take exit 273 toward Chapel Hill. After approx. 2 miles, look for the Friday Center sign and turn left. After 1/4 mile, the Friday Center will be on your right.

**Greenwood Commons** - On NC 55, about 1 mile south of NC 54 in Durham. From I-40 Exit 278, turn toward Apex. Greenwood Commons is ahead 1 mile on right.

**Hillsborough Superior Courthouse.** In downtown Hillsborough at the corner of Churton and Margaret Streets. From I-85 Exit 164, or I-40 exit 261, turn north toward Hillsborough. Courthouse is on right, 1.2 miles north of I-85. Park behind courthouse in parking lot off of Margaret Street.

**Lake Crabtree County Park** - Just off of Aviation Parkway exit of I-40 (exit 285). If coming from Durham or Chapel Hill, turn right at the end of the ramp. Lake Crabtree Park will be just ahead on the left.

**Little River Elementary School.** In Northern Durham off of Snow Hill Road. From Durham, take Roxboro Road north. Turn right on Old Oxford Road. Snow Hill Road branches left after another three miles.

**Maple View Ice Cream Store** - At the intersection of Dairyland Road and Rocky Ridge Road in Orange County. From Carrboro, take Old NC 86 (extension of Hillsborough Street) for about a mile outside of town. Turn left at the stoplight onto Dairyland Road. Ice cream store is 3.5 miles ahead on right, at the top of a hill. Park along Rocky Ridge Road across from the ice cream store. From Durham /Raleigh on I-40, take exit 263 (New Hope Church Rd), turn left. After 3.5 miles, and just before the road turns to gravel, turn left on Rocky Ridge Road. Ice cream store is at intersection with Dairyland Road.

**McDougle Middle School in Carrboro.** From **Carrboro Plaza**, take Old Fayetteville Road north (toward the right, if you're coming from Chapel Hill). McDougle School is on the right after about ¼ mile. Be careful not to continue to McDougle Elementary School, just beyond the Middle School. Most rides leave from the south parking lot, the one closest to NC 54.

**Orange County Superior Courthouse** on Margaret St in Hillsborough. From I-40 Exit 261 and I-85 Exit 164, turn toward Hillsborough. At the edge of the downtown area, immediately after crossing over the Eno River, turn right on Margaret Street at the next traffic light. Then turn right into the large parking lot on the right.

**St. Mary's Catholic School (formerly Kantnor School)** at the corner of St. Mary's Rd and Pleasant Green Rd between Northern Durham and Hillsborough. From Durham, I-85 West, take exit 170 (US 70), then turn right at the stoplight onto Pleasant Green Road. After six miles, St. Mary's School is on the left just after crossing St. Mary's Road. From Hillsborough, travelling north on Churton St., turn right on King St, which will become St. Mary's Road after crossing Cameron St. After six miles, turn left onto Schley Road, school is just ahead on left.

**Stoneridge Swim & Racquet Club** Located at 6901 Turkey Farm Road, Chapel Hill. Turkey Farm Road is off Whitfield Road, about one mile east of NC 86, near I-40. From points east, take Exit 266 off I-40, go north on NC 86 for about 100 feet, turn right on Whitfield. Go almost one mile, take the second paved left onto Turkey Farm Rd. Go about .3 mile to parking lot on left.

**Tarwheel Alley.** From Exit 263 on I-40, turn right (if coming from Durham/Raleigh, left if coming from Hillsborough/Burlington). Take next right onto New Hope Trace Road. Park along road (but please do not block entrance to church.)

**Umstead City Park** in Chapel Hill is on Umstead Drive between Airport Road (Hwy 86) and Estes Drive Extension. This is a bit confusing since Estes Drive Extension, itself, intersects Airport Rd further north. The three roads form a "triangle" with Umstead Drive being the southern edge.

**Union Grove Church** (aka Union Grove United Methodist Church) is located on Union Grove Church Road. From Carrboro, take Hillsborough Street/Old NC 86 to Dairyland Road, turn left. Then after half a mile, turn right on Union Grove Church Road. The church is ahead three miles on the left. From Durham/Raleigh, take I-40 to exit 263, then turn left on New Hope Church Road. After 3 miles, turn left on Union Grove Church Road. Church is just ahead on the right.

**Wilson Park in Carrboro** - Wilson Park is located on Williams Street, just off of N. Greensboro Street in Carrboro. To get there: Take NC 54 bypass around Chapel Hill/Carrboro, then take the Merritt Mill/Smith Level Road exit. If coming from Raleigh or Durham, turn left on Merritt

Mill then go right (north) on Greensboro Street towards Carrboro. Go through 3 stoplights, and turn right on Williams Street (the first right turn after the 3rd light at Estes Drive Extension). If coming from the west, turn left on Smith Level Road/Greensboro St. Go through 4 stoplights, and turn right on Williams Street.

## Ride Listings

### *Standing Rides*

**Wednesdays. A, B, C, 40 miles. 11:00 a.m.** Join us for "Michigan Mike's Wednesday ride" at Union Grove Church and enjoy the camaraderie of a small group. Three distinct groups. Alan Schumacher leads the A-team, Alan Siefert leads the B group, and the C group. Different routes with Destinations rotating between Hillsborough, Efland, Saxapahaw and White Cross. Mileage may vary slightly depending on the group and the weather. Contact Ride leader Alan Schumacher solo@mebtel.net If you have any questions.

**Thursdays. B+, 3:00 pm 20-35 miles** depending on the weather and available daylight. This is a pace-line oriented ride leaving from Arcadia Cohousing. To get cue sheets and last minute information, visit [www.ArcadiaCyclingCenter.com](http://www.ArcadiaCyclingCenter.com).

Directions: Arcadia Cycling Center is located at the end of Barington Hills Rd in Western Carrboro, just off Hillsborough Street near McDougal School. To get there, take NC 54 bypass around Chapel Hill/Carrboro, then turn right (north) on Old Fayetteville, Right on Hillsborough at Light, left at Barington Hills (which becomes Circadian Way). Go to end of Circadian Way and park in un-numbered spots.

**Saturdays, C, 10:00 a.m., 40 miles.** Ride starts from **Maple View Ice Cream Store** on Dairyland Road. Rest Stop in Saxapahaw. Note that this ride does not have a leader; all participants are expected to bring cue sheets and navigate the route themselves (or hook up with someone who does). The cue sheet is posted on the Tarwheels web site. Chuck Tharp (260-8037, chucktharp@bellsouth.net). (Always remember: if you want to bring a bunch of cue sheets, you can always preempt the default route with one of your own.)

**Saturdays, B+ or A, 10:00 a.m., 35 - 50 miles** depending on the weather. Ride starts at **Wilson Park** in Carrboro. The speed will vary as the temperature drops. The goal is to maintain fitness during the winter at a somewhat slower pace. The idea is to not generate a lot of sweat that evaporates and makes the body really cold. We also want to attract new riders who would like to expand their ability and are interested in pace-line skills. Please join us at Weaver Street Market for lunch after the ride.

The ride leader will lead the B+ group and maintain an 17-18 mph average. This ride provides an opportunity for riders to learn how to ride a pace line or just maintain a high level of

fitness if you're already pace line savvy. To find out more about pace-lines, read at the Tarwheels website: <http://www.tarwheels.org/pacelinev92.pdf>

Anyone who wants to ride faster may do so in a distinct A group off the front. There is a 22 mph average speed limit for the A group so that we don't duplicate other rides available in the area.

Although the B+ ride is significantly slower than the A group (which rides at a sub-racing speed), some riders may find it too fast. If you're a little slow, the group will wait up or you'll have a stronger rider help you back to the group if you like. If you're very slow, the leader will check in to make sure you can make your way back alone or with another volunteer. You should know within the first 6 miles whether or not you're strong enough to maintain the pace.

This ride is administered by Jefferini Tetrzini, still a legend in his own mind. A weekly ride update is sent out on the [tarwheels-chat@tarwheels.org](mailto:tarwheels-chat@tarwheels.org) chat list and to members of the super-secret mailing list. You can request to be added or deleted from the "secret" list by contacting Tetrzini's personal assistant at [jtetrzini@bellsouth.net](mailto:jtetrzini@bellsouth.net) or by calling 919-619-0623.

## *Other Rides*

### *Saturday, Dec 3rd*

**10:00 a.m., 15 miles, pace adapted to participants.** We'll do part of the Chatham Studio Arts Tour on bicycle. We'll start and end at our place near Fearrington and ride to various artists studios, check out the artwork (buy a few things), stop halfway through for lunch at the Market Cafe in Fearrington, then return to our place for soup and bread. The route includes 2 mi on gravel drives - we do it on our tandem with 28mm tires. We did this ride by ourselves last year and enjoyed it so much we'd like to share it this year!

Place: 680 Lichen Trail - call Betsy at 919-642-0512 or email [bkraus@mindspring.com](mailto:bkraus@mindspring.com) for directions - you won't find it on Mapquest.

**MTB, 10:00 a.m., around 10 miles.** Chuck Tharp (942-8526, [chucktharp@bellsouth.net](mailto:chucktharp@bellsouth.net)) is foregoing the weekly standing road ride to bike the Horace Williams trails. Meet at Seawell Elementary School, just off of Seawell School Road. Park in the first parking lot on the left after you turn into the school. We'll ride the World Famous Rim Trail and Toilet Bowl Trail (yup, they're part of the same trail system...)

### *Sunday, Dec 4th*

**C 10:00 a.m., <30 miles.** Join Evan Wynmor (967-0288, [ecwynmor@earthlink.net](mailto:ecwynmor@earthlink.net)) at **Umstead Park in Chapel Hill** for my "Sunday Brunch Ride" ridden in reverse and without lead sheets. We'll ride the usual fast downhills and slow uphill - albeit much sooner in the ride. The rest stop (Brunch) will be at Weaver Street Market with an easy 2 miles back to Umstead Park. Note to those riders who join my ride "in route" to adjust accordingly.

## *Wednesday December 14*

**6:15pm, Caroling pace with lots of stops.** Join Libby Evans (942-4260, [evans@unc.edu](mailto:evans@unc.edu)) at the Clean Machine parking lot with lights on your bike (required) to ride through Carrboro on our annual bicycle caroling ride. We will sing such standards as "Oh, Little Town of Chapel Hill," Norman the Cyclist," Cycling Wonderland," and more. We have several regular stops on our route: Clean Machine, Performance, and several houses in Carrboro. We are often invited in for food and/or drink at our stops. If you know someone in Carrboro who would like us to stop by, let Libby know. After the ride, we'll go somewhere for dinner. People who come on this ride always have lots of fun. Decorate yourself, decorate your bike, or come unadorned. Just come and join the fun!

## *Saturday, December 17*

**C, 1:00 p.m., about 30 miles.** Join Libby Evans ([evans@unc.edu](mailto:evans@unc.edu), 942-4260) at **Ford Road** for a romp through Orange County. The afternoon start time will let you sleep in \*and\* start after the day warms up--she hopes.

**B-/C, 10:00 a.m., 32 miles.** Join Sharon Roggenbuck for a rolling hill ride on familiar Orange County roads. Start at **McDougle Middle School** in Carrboro. Park in the lot closest to the athletic field off Old Fayetteville Rd in Carrboro. Cue sheets. As usual, I'll lead from the rear. Questions? Call me at 493-5441 day or 732-4866 eve.

## *Saturday, January 7*

**C, 10:00 a.m., 48 miles.** Join Don Belk (468-6398, [donaaldrbelk@earthlink.net](mailto:donaaldrbelk@earthlink.net)) at the **Orange County Superior Courthouse** in Hillsborough for his annual Birthday Ride. Celebrate Don's 52 years of rockin' and rollin' as you traverse a 'fairly quiet' 48 miles through scenic and tranquil northern Orange County. Lunch will be enjoyed at a downtown eatery following the ride.

## *Sunday January 8*

**C, 1:00 p.m., 25-30 miles.** Libby Evans ([evans@unc.edu](mailto:evans@unc.edu), 942-4260) starts from **Ford Road** to ride around Dairyland. There are no rest stops on this ride. You're invited to Libby's house afterwards for tea and muffins. If it's snowing or really cold, meet at Libby's house for a walk through the woods followed by tea and muffins instead of a bike ride.

## *Saturday January 21*

**C, 1:00 p.m., about 30 miles.** Libby Evans ([evans@unc.edu](mailto:evans@unc.edu), 942-4260) will start from **Ford Road** to ride around Orange County.

## *Sunday, January 22*

**B/C 10:00 a.m., 30 miles.** Join Evan Wynmor (967-0288, [ecwynmor@earthlink.net](mailto:ecwynmor@earthlink.net)) at **Umstead Park in Chapel Hill** for my "Sunday Brunch Ride." We'll ride the usual fast downhills and slow uphill. The rest stop (Brunch) will be at Weaver Street Market with an easy 2 miles back to Umstead Park.

## Carolina Tarwheels Officers and Volunteers

### Board Members 2005

Jeff Charles, president [jcharles@charlesandconn.com](mailto:jcharles@charlesandconn.com)  
Mark Schulz, secretary [buho@mindspring.com](mailto:buho@mindspring.com)  
Ken Dietel, treasurer [kdietel@mindspring.com](mailto:kdietel@mindspring.com)  
Don Belk [donaldrbelk@earthlink.net](mailto:donaldrbelk@earthlink.net)  
Dave Doty [dbd010352@yahoo.com](mailto:dbd010352@yahoo.com)  
Sharon Roggenbuck [sharonrogg@aol.com](mailto:sharonrogg@aol.com)  
Chuck Tharp [chucktharp@bellsouth.net](mailto:chucktharp@bellsouth.net)  
Candy Davies [candy\\_davies@unc.edu](mailto:candy_davies@unc.edu)  
Richard Crandall [crandallrw@yahoo.com](mailto:crandallrw@yahoo.com)

### Membership

Richard Crandall, [crandallrw@yahoo.com](mailto:crandallrw@yahoo.com)

### Welcoming Committee

Don Belk, [donaldrbelk@earthlink.net](mailto:donaldrbelk@earthlink.net), 732-1793

### Publicity

Help, Help, Help! We are without a publicity chair.  
Please contact the board members if you can help!

### Insurance Coordinator & Ride Waiver Collector

Wendy Roberts, [athenarides@hotmail.com](mailto:athenarides@hotmail.com)

### LAB positions

Dave Connelly: 544-6372 [pedaling@mindspring.com](mailto:pedaling@mindspring.com) -  
local touring information  
John Daly 477-6742 [jtd515@aol.com](mailto:jtd515@aol.com) - club  
representative  
Don Belk 732-1793 [donaldrbelk@earthlink.net](mailto:donaldrbelk@earthlink.net) -  
government relations advocate

### Ride Coordinators

**Adrian Hands** 832-5083 [AEH@akc.org](mailto:AEH@akc.org) Raleigh/Durham/Cary  
**Chuck Tharp** 644-2410 [chucktharp@bellsouth.net](mailto:chucktharp@bellsouth.net) Chapel Hill/  
Carrboro/ Hillsborough  
**Libby Evans** 942-4260 [evans@unc.edu](mailto:evans@unc.edu) Chapel Hill/ Carrboro/  
Hillsborough  
**Maureen Kurtz** 933-8417 [m\\_kurtz@bellsouth.net](mailto:m_kurtz@bellsouth.net) New Member/  
Beginner

### Web Site

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### Newsletter Production

Amy King – [hoogirl@nc.rr.com](mailto:hoogirl@nc.rr.com)

John Swartz – [coghauler@earthlink.net](mailto:coghauler@earthlink.net)

### Newsletter Distribution

Valinda Jordan, [Valindaj003@aol.com](mailto:Valindaj003@aol.com)

### Newsletter Deadline: Jan 24, 2006

Email submissions to:

Amy King: [hoogirl@nc.rr.com](mailto:hoogirl@nc.rr.com)

or

John Swartz: [johnswartz@earthlink.net](mailto:johnswartz@earthlink.net)

or

Coghauler @earthlink.net (Put "Coghauler" in the Subject line)

PO Box 111, Durham, NC 27702, Attn: Newsletter



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