

# *The Cog Hauler*

*April 2007  
&  
May 2007*

*Newsletter of the Carolina Tarwheels, an organization of cyclists in the Durham/Chapel Hill Area*

## **President's Column**

As a new season rolls around, cycling awakens my senses. I get pleasure from seeing, smelling and feeling the world around me.

At the last Tarwheels club meeting I was talking to someone who started cycling just last year. Like myself, one of the things she enjoys about her newfound sport is that she is able to see so many more things when she cycles a route. She would miss many of these things if she were driving. She even came across a nursery where she will be getting many plants for her garden. One of the things I enjoy while riding, are all the smells along the route. Right now there are all the smells of spring, in a short while there will be honey suckle along the routes and later in the season I may come across the smells of freshly mown lawns or someone's grill (Yum!). Another thing I enjoy is the feel of the sun on my skin. I recently bumped into a cyclist who looked great because of tan she got recently while out riding in the sun. After riding in warm clothes for the last several months, the sun's warmth feels great on the skin. The changing seasons are wonderful when experienced from a bicycle.

So I hope all of you are able to get out there and indulge your senses! Happy cycling, Mira

## **Next Tarwheel's Meeting**

Thur May 24th at 6PM at the Golden Corral of RTP at 5006 Apex Hwy 55. This is near the intersection of Hwy 55 and 54 just off I 40. Our speaker for this meeting is Scot Chilcote, currently Pres. of NCBC bike club. He will speak on GPS systems for biking. This technology is becoming so popular we can all benefit from learning more about it. Join us for dinner at 6PM and the program will begin around 6:45. As usual, I will have jerseys, socks, etc. Questions? Call me at home anytime 732-4866 or on my cell phone 215-1309. or e-mail me if there is plenty of time. Sharon

## **Club meeting feedback**

I have been arranging the speakers and restaurants for the Tarwheel meetings for a number of years. It isn't easy finding a restaurant that meets all of our criteria. If you have a suggestion for a place I'd be glad to hear about it.

We need a private room, reasonable prices, quick service, varied food selection, and a central location. If you have any ideas about speakers or programs or if some you would like to have repeated, just let me know. Sharon Roggenbuck home 732-4866 or cell 215-1309 or e-mail at [sharonrogg@aol.com](mailto:sharonrogg@aol.com).

## **New Tarwheel Jersey is Here!**

New jerseys are going fast. I only have size Large (Club Style) and two Women's XS left. I will be ordering more soon. I still have a good supply of the Classic jersey. Classics are \$55. and the new style are \$60 (our cost) I still have green socks and map clips for \$3.00 each and size Large white Bikefest socks FREE. Jerseys, etc are always available at meetings or contact Sharon Roggenbuck at home 732-4866 or cell 215-1309. E-mail me at [sharonrogg@aol.com](mailto:sharonrogg@aol.com) only if there is plenty of time.

## **Roadside Cleanup**

Coming Saturday March 31st after Carol Porter's ride (ending around noon), we will be having the semi-annual cleanup for Dairyland Road starting about 12:30. It begins at the corner of Dairyland Road and Rocky Ridge (by Maple View Ice Cream). Tarwheels have adopted a two mile stretch of Dairyland Road, and with a good turnout of help we could be done in an hour. All volunteers will get a free scoop of ice cream when we are done. The rain date is Sunday April 1st at the same time. Contact Margret Mueller at 933-6704 or David Curtin at [dfcurtin@mail.fpg.unc.edu](mailto:dfcurtin@mail.fpg.unc.edu). Thanks! Dave Curtin

## **BikeFest!!!**

Plans for this year's Bikefest have already begun. This year Bikefest will be run by small committee made up of Connie Winstead, Jim Welch, & myself. Last year after ride I sent an email out asking for any input on the ride. I got both good & bad, but mostly good.

In these responses were some great ideas to make it even better. Some of these changes have already done. A couple things we plan to do is get the town of Hillsborough more involved and have a pre-ride packet pick-up at a local bikeshop. Even the Family Fun Ride has some interesting twists this year.

But the only way we can improve the ride is with more

volunteers. Yes, this is the first of many requests for volunteers & it's only March. Most of the positions we are needing are on the call for volunteers webpage. (<http://www.tarwheels.org/bikefest/volunteers.html>) We, the committee, are hoping to avoid many of the past years headaches and get involved earlier. Alan Schumacher.

## Board Meeting Minutes

The Tarwheels Board met on 22 February 2007. Present were: Linda Charles, Mira Gloss, Cheryl Lytle, Sharon Roggenbuck, Alan Seiferheld, John Swartz, Juli Tenney, and Connie Winstead. Ken Deitel was away in Florida.

### AGENDA:

Minutes from previous minutes accepted. Financial updates deferred until Ken Deitel's return.

Approval of revised Tarwheel brochure and decision on how many to print. Distribution of brochure used to be bike shops and gyms. Connie has updated brochure. Brochure doesn't have waiver in brochure but lists link to website to print out waiver. We will add a checkbox to the application that has that says, "I understand that to participate in Tarwheel sponsored rides I will be asked to sign a waiver."

**Agreement: Have 500 copies of brochure made. Unanimous vote**

Possible membership at Sam's or Costco for the club. We can get a corporate membership as a non-profit organization. They also might be willing to donate more money or items for Bikefest. **Agreement: Connie will investigate and get the Club membership.**

Bikefest Connie read letter to potential food donors requesting donations for Bikefest. Jim Welch is working with Connie on food for Bikefest. There was also discussion whether to print up Bikefest flyer for distribution to bike shops. This has been done in the past but was not done last year. All agreed we should do this. Alan Schumacher is beginning to work on this. **Agreement: Letter approved as read. Unanimous vote. Agreement: We will create and distribute Bikefest flyers**

Tax exempt status of the club. We are a 501c charitable organization but not a 501c4, which would mean that donations to the club are eligible for a tax deduction by a donor. If a company asks about our non-profit status, all we need to do is provide the letter of notification of the status. The Treasurer keeps this on file. We do not need to file income tax returns unless income is over \$25,000/year (not bank balance of \$25,000).

Dates for future club meetings Future board meetings will be at 6:30. Mira will send out dates, tentatively 19 April, 21 June, 16 Aug, 18 Oct, and 13 Dec.

Response to Charlotte Tarwheel wheelchair basketball club.

Mira will respond that the two groups have no relationship whatever, and good luck with your organization.

**Agreement: Mira will compose letter and Juli will review if Mira would like.**

### Other Business

Sharon read an article from League of American Bicyclists newsletter that described the membership and volunteer characteristics that closely mirrored those of the Tarwheels.

Next club meeting will be on recumbent bikes. In May, Scott Chilcott will do a presentation on GPS for bikes. Sharon will need a computer projector. Linda will try to bring one and will let Sharon know. We can buy one for about \$700. Decision on whether to do this was postponed.

Sharon asked for suggestions for a better place for the dinner meeting. The next meeting will be at Golden Corral. Sharon will put a request for suggestions for a new meeting restaurant into the Cog Hauler.

Cheryl stated that we can have a snapshot of the Tarwheels put into the 2008 DOT state road map. They have a photographer who goes around and takes pictures. She asked if we would be interested. The board agreed it would be a good idea.

Linda passed around an email distribution list for members to check for accuracy. She also collected addresses and phone numbers of board members for a contact list. This will be distributed before the next meeting.

Discussed that the membership list needs to be updated. Sharon suggested that we issue membership cards with expiration date. NCBC puts renewals in the newsletter. Could divide quarterly alphabetically. Address list needs to be updated, as do email addresses.

**Agreement: John Swartz will contact Paul Caldwell to determine whether he's talked to Rich Crandall about the membership list. John will include an article in the Cog Hauler about membership.**

Action Items:

Check that Beth Gregory, Marie Ionone, and Adrienne received their club cycling jerseys for their volunteerism; Get membership to Costco and Sam's Club; Create (any unix types reading this) and distribute Bikefest Flyer; Respond to Charlotte Tar wheel wheel chair basket ball club; In Coghauler ask for alternative club dinner locations; investigate having a Tarwheel photo placed on the NC State Roadmap; Determine status of membership database.

## Join the Tarwheel's MS Team

Come join the Tarwheel MS team this year! We're a loose knit team but we do great. Registration is already open for the Sept 8th and 9th Eastern NC chapter MS ride from New Bern. New Bern really welcomes us and has done

everything they can to insure more rooms for us. Camping right across the street from the Convention center is great! Our team raised over \$35,000 last year. \$36,000 would have made us a "Mission Possible" team. I hope we can reach that this year. You can register online and check out the new web site at

<http://www.nationalmssociety.org/nct/event/default.asp?g=6> . Route choices are 30, 75, or 100. A distance for everyone. Non cycling spouses or friends can volunteer and still be part of the team. Hope to see all of you on the team! If you know of others who might be interested just let me know. Sharon Roggenbuck

## Bike Virginia Tarwheels Team

Tarwheels who are planning on doing Bike Virginia this June, I am collecting registrations to send in as a team; this gives us a \$20 discount off the individual fee if we send in 8 at a time. I already have 5 right now and am willing to send in however many groups of 8 I receive by April 30th. You must send the check and your registration to me as I have to send them in together. You can e-mail me at [cwinstead@nc.rr.com](mailto:cwinstead@nc.rr.com) or just mail me your registration at 3000 Montgomery St. Durham, NC 27705. After April 30th, you are on your own! Connie Winstead .

## Donation to Adventure Cycling

You can see from the Adventure Cycling website that our donation has sponsored two miles of the TransAmerica Bicycle Trail. Start here:

[http://www.adventurecycling.org/transam/display\\_miles.cfm](http://www.adventurecycling.org/transam/display_miles.cfm) and select "Virginia". Our miles are #3756 and #3757, just east of Damascus, Virginia. I'm pretty sure the TransAmerica trail overlaps the Virginia Creeper trail at this location. I recommend riding the Virginia Creeper if you're looking for an easy weekend trip. <http://www.vacreepertrail.com> On my trip, we included an evening at the Barter Theater in Abingdon. <http://www.bartertheatre.com/> -Ken

## Tarwheels Tax Status

Recently, Alex Treveck had a Jeopardy category called "Tarwheels Trivia" (ok, maybe not, but bear with me, I am trying to make tax season interesting...). For \$300 the answer was, "We are a 501(c)(4)" – of course the correct question was, "What is the Tarwheels' federal tax status?", not "Where is the next club meeting?".

Ken Dietel has the official letters from the IRS stating we are a 501(c)(4). Note the (4) in the designation is important! Also, we are incorporated as a nonprofit in North Carolina – check out the NC State web site: <http://www.secretary.state.nc.us/corporations/>

Juli Tenney has also looked into this and a contribution made to a 501(c), tax exempt organization **does not**

automatically qualify for a deduction by the donor. Just because an organization is tax exempt does not mean it has been decreed a charity (shorthand: "relieves the government of it's burdens"). It just means that the organization does not have to pay income taxes, but will have to file an information return unless the receipts fall beneath a certain level, as the Tarwheels' do.

To be a true charity, we would need to change to a 503(c)(3) organization. Contributions to a 501(c)(3) organization are deductible. However, it's expensive to secure 501(c)(3) status; the application fee is about \$750 and the form is huge (e.g., would require a tax attorney or accountant to assist, and this would cost more time=money). In order to do it, we'd have to dissolve as a (4), then apply as a (3) (both state and federal). Generally not worth the time or money unless we want to evolve into a true charity as opposed to a club. Please check with a tax expert or accountant before trying to deduct Tarwheel's contributions!

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## For Sale

**Tarwheel Jerseys:** A few old jerseys (vintage!) and lots of new jerseys (old design) are available! **Club Socks:** Cycling socks by DeFeet are here! S M L and XL @ \$6.00 a pair. The jerseys and socks are always available at the meetings or contact Sharon Roggenbuck: day 493-5441 or eve 732-4866 [sharonrogg@aol.com](mailto:sharonrogg@aol.com)

## For Rent

**New Member Benefit! Thule?Yakima Rack Bike Mounts.** Do you own a Thule or Yakima rooftop bike rack system? Have you ever planned a great bike trip, and wished you had room for one more friend and their bike?

The Carolina Tarwheels Bicycle Club has solved your dilemma! The Club now has - for members only - two (2) Rocky Mount Lariat SL bike mounts (with locks) available for your use! This innovative product fits both Thule and Yakima systems, and installation is a breeze! Perfect for that special trip when you need an extra bike carrier or two!

You can reserve the Rocky Mount carrier by contacting Jeff Charles. As with our other equipment, the first 10 days are free, then \$1/day thereafter. A \$10 deposit is required.

### Tarwheels Rentals - BOB Trailers & Bike Cases

One of the perks of Tarwheels' membership is the ability to borrow a BOB Trailer (tows large amounts of stuff behind a bicycle) or a bike case (we have 4). Members get 10 free days of use of either and then it's just \$1/day. A \$10 deposit is all that is required. Contact Jeff Charles (489-7753 or ) to arrange your reservation in advance.

## *Tarwheel Rides April & May 2007*

All rides are weather permitting. If it is raining or the temperature is below 45 degrees, do not expect the ride leader to appear. If in doubt, call the ride leader. Call the ride leader if you need directions to the starting location.

**Participants are considered to be on private excursion and thus must agree to hold harmless the ride leaders, the Carolina Tarwheels, Inc., and its officers and agents for injury or loss that might occur as a result of taking part in these rides.**

**Helmets are required for all Tarwheel rides.**

All cyclists are invited to participate in these rides. Riders must understand, though, that these rides are over public streets and highways and, thus, involve ordinary risk of accidents.

Times listed are departure times. Arrive early and be ready to go at the scheduled departure time.

For general ride information: for Durham and Raleigh, call John Crill (490-0500); for Chapel Hill and Carrboro, call Libby Evans (942-4260) or Chuck Tharp (644-2410).

### **Ride Leader Guidelines:**

- Prepare a map and/or cue sheet and scout the route before the ride.
- Arrive early to welcome riders, make introductions and brief participants on the details of the ride.
- **Make sure all riders are wearing helmets, and have signed an LAB liability release for that ride.** A release form is available from any of the Ride Coordinators, or from the [www.tarwheels.org](http://www.tarwheels.org) website.
- Ride at advertised pace.
- "Lead from the rear" or appoint someone to "ride sweep." Please don't allow anyone to get "dropped" by themselves.
- If an accident occurs with injuries, please contact the Insurance Coordinator (Wendy Roberts) to fill out an accident report.

***Ride classifications: A 18+ mph; B 16-18 mph; C 13-15 mph; D 10-12 mph***

### **Directions to Ride Start Locations**

The ride descriptions will have these ride start locations highlighted.

**Carrboro Plaza** - on NC 54 at the western edge of Carrboro. From I-40 exit 273, follow NC 54 West.

**Cedar Falls Park** - In northern Chapel Hill: from I-40 exit 266, take NC 86 (Airport Rd) south 0.6 mile to light at top of hill, turn left onto Weaver Dairy Road, continue east 1.6 mile. Cedar Falls Park is on the right.

**Chatham Marketplace.** On US 15-501 in Pittsboro, midway between the new US 64 bypass and the circle in downtown Pittsboro. Look for the watertower with "Chatham Mills" written on it.

**Churton Grove shopping center, Hillsborough** - From I-40 or I-85 go north on HI 86 (Churton street) to downtown and turn right onto E. Tryon st. Turn left on St. Mary's Rd. Go 1 mile and at the light, turn left at HI70. Shopping center on right.

**Cole Park Plaza.** On US 15-501 about five miles south of Chapel Hill.

**ELG Signpost** A subdivision sign located on Chestnut Ridge Road, 1/2 mile west of the intersection with Borland Road. Park alongside the road. This is in western Orange County.

**Efland-Cheeks Elementary School** - from I-40/85, take exit #160 for Efland, head north into Efland. Turn left on Forrest, which will then curve to the right. Turn left onto Rt. 70 and go about 1/2 mile. Turn right on Fuller, the school is directly ahead. Please park in a corner of the lot away from the school entrance.

**Eubanks Road Park and Ride.** From Exit 266 if I-40, go south on Airport Road (toward Chapel Hill). Turn right on Eubanks Road. Park and Ride will be on your right after about 1/2 mile.

**Ford Road** and Old Greensboro Road - Take the Jones Ferry Road exit from the NC 54 bypass around Chapel Hill. Turn left if you're coming from Durham/Raleigh, right if you're coming from the west. Go about 1 mile, then turn right onto Old Greensboro Road. Ford Road is ahead 4 miles, on the left. Park along the road. Please don't stop/stand in the road, the locals have complained to the sheriff!

**Friday Center** - The Friday Center is located on NC 54, between I-40 and Chapel Hill. From I-40, take exit 273 toward Chapel Hill. After approx. 2 miles, look for the Friday Center sign and turn left. After 1/4 mile, the Friday Center will be on your right.

**Greenwood Commons** - On NC 55, about 1 mile south of NC 54 in Durham. From I-40 Exit 278, turn toward Apex. Greenwood Commons is ahead 1 mile on right.

**Hillsborough Superior Courthouse.** In downtown Hillsborough at the corner of Churton and Margaret Streets. From I-85 Exit 164, or I-40 exit 261, turn north toward Hillsborough. Courthouse is on right, 1.2 miles north of I-85. Park behind courthouse in parking lot off of Margaret Street.

**Lake Crabtree County Park** - Just off of Aviation Parkway exit of I-40 (exit 285). If coming from Durham or Chapel Hill, turn right at the end of the ramp. Lake Crabtree Park will be just ahead on the left.

**Little River Elementary School.** In Northern Durham off of Snow Hill Road. From Durham, take Roxboro Road

north. Turn right on Old Oxford Road. Snow Hill Road branches left after another three miles.

**Maple View Ice Cream Store** - At the intersection of Dairyland Road and Rocky Ridge Road in Orange County. From Carrboro, take Old NC 86 (extension of Hillsborough Street) for about a mile outside of town. Turn left at the stoplight onto Dairyland Road. Ice cream store is 3.5 miles ahead on right, at the top of a hill. Park along Rocky Ridge Road across from the ice cream store. From Durham/Raleigh on I-40, take exit 263 (New Hope Church Rd), turn left. After 3.5 miles, and just before the road turns to gravel, turn left on Rocky Ridge Road. Ice cream store is at intersection with Dairyland Road.

**McDougle Middle School in Carrboro.** From **Carrboro Plaza**, take Old Fayetteville Road north (toward the right, if you're coming from Chapel Hill). McDougle School is on the right after about \_ mile. Be careful not to continue to McDougle Elementary School, just beyond the Middle School. Most rides leave from the south parking lot, the one closest to NC 54.

**Morrisville Square** - just west of the intersection of Church Street and Morrisville-Carpenter Road. From I-40 exit 285 turn right onto Aviation Parkway. Go a few miles, the Square is on the left about \_ mile after crossing the railroad tracks.

**Orange County Superior Courthouse** on Margaret St in Hillsborough. From I-40 Exit 261 and I-85 Exit 164, turn toward Hillsborough. At the edge of the downtown area, immediately after crossing over the Eno River, turn right on Margaret Street at the next traffic light. Then turn right into the large parking lot on the right.

**Research Triangle Institute:** Take the Durham Expressway (Rt. 147) to the Cornwallis Rd exit. Go SouthEast on Cornwallis Rd (should be a left turn regardless of your direction on the Freeway) towards the IBM entrance, to RTI parking lot at W. Institute Drive, which is the first right.

**Stoneridge Swim & Racquet Club** Located at 6901 Turkey Farm Road, Chapel Hill. Turkey Farm Road is off Whitfield Road, about one mile east of NC 86, near I-40. From points east, take Exit 266 off I-40, go north on NC 86 for about 100 feet, turn right on Whitfield. Go almost one mile, take the second paved left onto Turkey Farm Rd. Go about .3 mile to parking lot on left.

**Tarwheel Alley.** From Exit 263 on I-40, turn right (if coming from Durham/Raleigh, left if coming from Hillsborough/Burlington). Take next right onto New Hope Trace Road. Park along road (but please do not block entrance to church.)

**Umstead City Park** in Chapel Hill is on Umstead Drive between Airport Road (Hwy 86) and Estes Drive Extension. This is a bit confusing since Estes Drive Extension, itself, intersects Airport Rd further north. The

three roads form a "triangle" with Umstead Drive being the southern edge.

**Union Grove Church** (aka Union Grove United Methodist Church) is located on Union Grove Church Road. From Carrboro, take Hillsborough Street/Old NC 86 to Dairyland Road, turn left. Then after half a mile, turn right on Union Grove Church Road. The church is ahead three miles on the left. From Durham/Raleigh, take I-40 to exit 263, then turn left on New Hope Church Road. After 3 miles, turn left on Union Grove Church Road. Church is just ahead on the right.

**Wilson Park in Carrboro** - Wilson Park is located on Williams Street, just off of N. Greensboro Street in Carrboro. To get there: Take NC 54 bypass around Chapel Hill/Carrboro, then take the Merritt Mill/Smith Level Road exit. If coming from Raleigh or Durham, turn left on Merritt Mill then go right (north) on Greensboro Street towards Carrboro. Go through 3 stoplights, and turn right on Williams Street (the first right turn after the 3rd light at Estes Drive Extension). If coming from the west, turn left on Smith Level Road/Greensboro St. Go through 4 stoplights, and turn right on Williams Street.

## Ride Listings

### Standing Rides

#### *Tuesdays*

**A, Late Afternoon, 25 - 35 miles.** Ride starts at Arcadia Cohousing in Carrboro. Details, dates, start location and last minute information about this ride can be found at [www.ArcadiaCyclingCenter.com](http://www.ArcadiaCyclingCenter.com). This ride is for experienced cyclists who would like to ride in a pace-line format. A weekly ride update is sent out on the [tarwheels-chat@tarwheels.org](mailto:tarwheels-chat@tarwheels.org) chat list and to members of the super-secret mailing list. You can request to be added or deleted from the "secret" list by contacting [jtetrazini@gmail.com](mailto:jtetrazini@gmail.com).

#### *Wednesdays*

**A, B, C, 40 miles. 10:00 a.m.** Join us for "The Wednesday Ride" at **Union Grove Church** and enjoy the camaraderie of a small group. Three distinct groups. Alan Schumacher leads the A-team, Alan Sieferheld leads the B group, and the C group. Different routes with Destinations rotating between Hillsborough, Efland, Saxapahaw and White Cross with usually one planned stop. Mileage may vary slightly depending on the group and the weather. Contact Ride leader Alan Schumacher [solo@mebtel.net](mailto:solo@mebtel.net) If you have any questions or want to be added to the ride email weekly updates.

#### *Saturdays*

**B+ and A, Morning, 25 - 70 miles (seasonal).** Ride starts at Wilson Park in Carrboro. Details, start time, location and

last minute information about this ride can be found at [www.ArcadiaCyclingCenter.com](http://www.ArcadiaCyclingCenter.com). This ride is for experienced cyclists who would like to ride in a pace-line format. There will usually be a ride leader who will support the B+ group which maintains an 18-19 mph average. To find out more about pace-lines, read [www.tarwheels.org/pacelinev92.pdf](http://www.tarwheels.org/pacelinev92.pdf). A weekly ride update is sent out on the [tarwheels-chat@tarwheels.org](mailto:tarwheels-chat@tarwheels.org) chat list and to members of the super-secret mailing list. You can request to be added or deleted from the "secret" list by contacting [jtetrazini@gmail.com](mailto:jtetrazini@gmail.com). Please join us at Weaver Street Market for lunch after the ride.

## ***Scheduled Rides***

### ***Saturday, March 31***

**D, 10:00 a.m., 20 miles.** Meet at **Maple View** for a 20-mile ride. Carol Porter (929-3506, [carol\\_porter@unc.edu](mailto:carol_porter@unc.edu)).

**C, 10:00 a.m., 43 miles.** Libby Evans (942-4260, [evans@unc.edu](mailto:evans@unc.edu)) will once again lead you out to Ye Country Kitchen in Snow Camp for their inexpensive and expansive buffet. Meet her at **Ford Road**. The back of the ride should expect to average 13 mph.

### ***Sunday, April 1***

**A/B, 10:00 a.m., 60 miles.** ~60 miles **A/B pace.** Meet at **Efland-Cheeks Elementary School** and we'll do Jan Grossman's now famous Burlington Reservoir ride, extended version. I will be leading an A pace group but all paces are welcome but leader will not sweep the ride. There is also a shorter 45 mile version of this route available. The ride leader will be leading the A group at his usual avg speed of 39.8 mpg. Feel free to try and stay with him or drop him. This route is mostly rolling with few climbs with a small optional stint on I-40. There is one planned stop at mile 35. Cue sheets are available for those who need direction. Contact ride leader Alan Schumacher [solo@mebtel.net](mailto:solo@mebtel.net) if ya have any questions. As always, weather & child permitting (where applicable).

**C, 10:00 a.m., 45-50 miles.** Join Cheryl Lytle ([clytle@email.unc.edu](mailto:clytle@email.unc.edu), 408-0391) and Dave Schoonmaker ([dschoonmaker@gmail.com](mailto:dschoonmaker@gmail.com)) at Piney Woods Park for the Sprawl Crawl. The ride formerly known as the Soon-to-Be-Suburbs Saunter faces up to reality, but it's still a pleasant, quiet route on Sunday mornings. Explore southern Durham, Chatham and Wake counties-- revel at the lack of traffic in RTP--in a loop to Apex and back. Break at the halfway point. Rain? Sleep in.

### ***Saturday, April 7***

**C+, 9:00 a.m., 25 miles.** Rolling hills. 25 miles (with ride leader)/ option for 33 miles. Meet at **Tarwheel Alley**. Will

look for Easter Bunny! Store stop at halfway point of 33 miler. If you aren't ready for 33 miles, do the 25 with me. Kathy Trotter, [trott004@mc.duke.edu](mailto:trott004@mc.duke.edu).

### ***Sunday, April 8***

**Novice/New Member. 12:00 noon.** Meet at **Wilson Park** in Carrboro for a ride of about 14 miles (around 1-1/2 hours) in the countryside. Optional un-led 21-mile route also available. There may be some moderately busy roads to navigate getting in and out of town, and the route is moderately hilly. Please plan to come on this ride if you are already somewhat fit and can negotiate traffic. No one will be dropped. Make sure your tires are inflated, your helmet fits properly, and that your water bottle is full. Call first if you plan to bring children--note that this ride is not recommended for younger or inexperienced children. Leader: Maureen Kurtz (933-8417; [m\\_kurtz@bellsouth.net](mailto:m_kurtz@bellsouth.net)).

### ***Saturday, April 14***

**B/C, 10:30 a.m., about 35 miles.** Meet Marie Iannone (942-0257, [marie.a.iannone@gsk.com](mailto:marie.a.iannone@gsk.com)) at **Tarwheel Alley** to ride around Orange County. The back of the ride should expect to average about 15 mph.

### ***Sunday, April 15 – Tax Day!***

**C, 10:30, 40 miles** (plus if people want and the weather is nice) on April 15 (please finish your taxes before the ride, pace will not be increased for you to get back to paperwork). No ride if it rains! C paced ride (14 to 16 mph) starting at the boat ramp by Bell's Baptist Church on Farrington Road (between Martha's Chapel and 64). RSVP is necessary to [stayrose@mindspring.com](mailto:stayrose@mindspring.com)

### ***Saturday, April 21***

### ***Sunday, April 22***

**B/C 9:30 a.m., 30 miles.** Join Evan Wynmor (967-0288, [ecwynmor@earthlink.net](mailto:ecwynmor@earthlink.net)) at **Umstead Park in Chapel Hill** for my "Sunday Brunch Ride." We'll ride the usual fast downhill and slow uphill. The rest stop (Brunch) will be at Weaver Street Market with an easy 2 miles back to Umstead Park.

### ***Saturday, April 28***

**Novice/New Member. 12:00 noon.** Meet at **Wilson Park** in Carrboro for a ride of about 14 miles (around 1-1/2 hours) in the countryside. Optional un-led 21-mile route also available. There may be some moderately busy roads to navigate getting in and out of town, and the route is moderately hilly. Please plan to come on this ride if you are already somewhat fit and can negotiate traffic. No one will be dropped. Make sure your tires are inflated, your helmet fits properly, and that your water bottle is full. Call first if you plan to bring children--note that this ride is not

recommended for younger or inexperienced children.

Leader: Maureen Kurtz (933-8417;

[m\\_kurtz@bellsouth.net](mailto:m_kurtz@bellsouth.net)).

**Sunday, April 29**

**Saturday, May 5**

**Novice/New Member. 10:30 a.m.** Meet at **Wilson Park** in Carrboro for a ride of about 14 miles (around 1-1/2 hours) in the countryside. Optional un-led 21-mile route also available. There may be some moderately busy roads to navigate getting in and out of town, and the route is moderately hilly. Please plan to come on this ride if you are already somewhat fit and can negotiate traffic. No one will be dropped. Make sure your tires are inflated, your helmet fits properly, and that your water bottle is full. Call first if you plan to bring children--note that this ride is not recommended for younger or inexperienced children.

Leader: Maureen Kurtz (933-8417;

[m\\_kurtz@bellsouth.net](mailto:m_kurtz@bellsouth.net)).

**Sunday, May 6**

**Saturday, May 12**

**C, 9:00 AM 32 miles** Meet at **McDougle Middle School** in Carrboro. Park in the lot closest to the track off Old Fayetteville Rd. Faster paces are welcome but as usual, I'll lead from the rear. There aren't any convenience stores on the route so come prepared. Should be much better weather than when we last did this one in Feb. Questions? Call Sharon at home 732-4866 or cell 215-1309. E-mail me only if there is plenty of time.

**Sunday, May 13**

**Novice/New Member. 10:30 a.m.** Meet at **Wilson Park** in Carrboro for a ride of about 14 miles (around 1-1/2 hours) in the countryside. Optional un-led 21-mile route also available. There may be some moderately busy roads to navigate getting in and out of town, and the route is moderately hilly. Please plan to come on this ride if you are already somewhat fit and can negotiate traffic. No one will be dropped. Make sure your tires are inflated, your helmet fits properly, and that your water bottle is full. Call first if you plan to bring children--note that this ride is not recommended for younger or inexperienced children.

Leader: Maureen Kurtz (933-8417;

[m\\_kurtz@bellsouth.net](mailto:m_kurtz@bellsouth.net)).

**Saturday, May 19**

**Sunday, May 20**

**B/C 9:30 a.m., 30 miles.** Join Evan Wynmor (967-0288, [ecwynmor@earthlink.net](mailto:ecwynmor@earthlink.net)) at **Umstead Park in Chapel Hill** for my "Sunday Brunch Ride." We'll ride the usual fast downhill and slow uphill. The rest stop (Brunch) will be at Weaver Street Market with an easy 2 miles back to Umstead Park.

## Other Rides

### 2007 CNC Registration!

Online registration on our secure site is now open for the CNC "Mountains to the Coast" bicycle tour to be held September 29th (check-in day) to October 6th. Visit [www.cyclenorthcarolina.org](http://www.cyclenorthcarolina.org) to register online using your credit card (MasterCard and Visa only), or to print a registration form. Registration for the CNC "Mountains to the Coast" ride will be limited to 1,200 riders.

Tentative overnight communities hosting the tour this year: West Jefferson, Elkin, Greensboro, Hillsborough, Louisburg, Roanoke Rapids, Edenton, Currituck/Knotts Island

### Plotting Routes

Here's a cool website that allows you to use googlemaps to measure a bike route. I think people will find it very easy and useful! Fred Blum

<http://www.mapmyrun.com/index.php?s=4&d=walkingguide&>

### Bike Wisconsin – June, July, Aug Rides

Information at <http://www.bikewisconsin.com>

### Elizabeth City, 14th Annual Century Ride

**& More**, 33, 62, 100 routes, Saturday. 28 April 2007.

Registration, info: <http://www.rivercitycyclingclub.com/>

## New Ride Listing Policy

The CogHowler editorial board has noticed an alarming trend concerning rides and the excess space they require in the coghowler. As a result, a new editorial policy will be applied to the following: rides longer than 14 miles, rides shorter than a nautical century, rides starting in Chatham, Orange, Wake, Durham, & Pendergast Counties, rides on Saturdays before noon, rides on Sundays between 9:00 and 2:00 p.m, all B/C/D rides, A rides longer than 21 miles, training rides for so-called charitable causes (you know the ones, don't make us repeat them), all weekday rides except those on the fifth Monday of a month. To save page count, an abbreviated ride listing will be used, e.g., Date/Time/single classification/distance/location abbreviation/contact initials . e.g.: 0512/0900/C/32/MMS/SR. See, much more concise. Also the start location info will be only published in January of even years. No body reads it anyhow. A PERL script will be available for download to combine the data. This new policy will start 1April07. *Your CogHowler Editor, who like Citizen Kane, now commands a place of power on the Newspaper and the Board. Watch Out! Happy April 1<sup>st</sup>!*

# Carolina Tarwheels Officers & Volunteers

## Board Members 2006

Mira Gloss, president mira-tarwheels AT earthlink.net  
Linda Charles, secretary lcharles at nc.rr.com  
Ken Dietel, treasurer kdietel AT mindspring.com  
Candy Davies candy\_davies AT unc.edu  
Cheryl Lytle  
Sharon Roggenbuck sharonrogg AT aol.com  
Alan Seiferheld  
John Swartz johncswartz AT earthlink.net  
Julie Tenney tenne001 AT mc.duke.edu  
Chuck Tharp chucktharp AT bellsouth.net  
Connie Winstead cwinstead AT nc.rr.com

## Membership

Richard Crandall, crandallrw AT yahoo.com

## Publicity

Help, Help, Help! We are without a publicity chair. Please contact the board members if you can help!

## Insurance Coordinator & Ride Waiver Collector

Wendy Roberts, athenarides AT hotmail.com

## BikeFest Directors for 2007

Connie Winstead, Alan Schumacher, & Jeff Charles

## Ride Coordinators

**Chuck Tharp** 644-2410 ncveloman AT nc.rr.com Chapel Hill/  
Carrboro/ Hillsborough  
**Maureen Kurtz** 933-8417 m\_kurtz @ bellsouth.net New  
Member/ Beginner

## Web Site

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Charles Scharlau cscharlau AT earthlink.net

## Newsletter Production

John Swartz – coghauler at earthlink.net

## Newsletter Distribution

Valinda Jordan, Valindaj003 AT aol.com

## Newsletter Deadline: May 22, 2007

Email submissions, corrections, etc... to:  
John Swartz: johncswartz AT earthlink.net

or

Coghauler AT earthlink.net (Put "Coghauler" in Subject line)  
PO Box 111, Durham, NC 27702, Attn: Newsletter



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